



Books and Resources on Grief, Caregiving and Pediatric Cancer

For Parents with the Death of a Child:

1. *The Bereaved Parent* - Harriet Sarnoff Schiff
2. *The Grief of Parents When a Child Dies* - The Compassionate Friends
3. *We Need Not Walk Alone: After the Death of a Child* - Mary Cleckley, Elizabeth Estes and Priscilla Norton
4. *A Grief Unveiled: One Father's Journey Through the Death of a Child* - Gregory Floyd
5. *Grieving Dads: To the Brink and Back* - Kelly Farley
6. *From Mother to Mother: On the Loss of a Child* - Emily Long
7. *Hope Springs from a Mother's Broken Heart: 11 Mothers Share How They Survived the Loss of a Child* - Theresa Anthony
8. *Surviving Sorrow: A Mother's Guide to Living with Loss* - Kim Erickson
9. *Comfort for the Grieving Parents Heart: Hope and Healing After the Loss of your Child* - Gary Roe
10. *Beyond Tears: Living After Losing a Child* - Ellen Mitchell
11. *Shattered: Surviving the Loss of a Child* - Gary Roe
12. *A Broken Heart Still Beats: After your Child Dies* - Anne McCracken and Mary Semel
13. *The Worst Loss: How Families Heal from the Death of a Child* - Barbara Rosof
14. *Surviving the Loss of a Child* - Elizabeth Brown
15. *Bearing the Unbearable: Love, Loss and the Heartbreaking Path of Grief* - Joanne Cacciatore

For Children who have Experienced a Death:

1. *When Dinosaurs Die: A Guide to Understanding Death* - Laurene Brown
2. *Sad Ninja* - Mary Nhin
3. *A Terrible Thing Happened* - Margaret Holmes
4. *Goodbye Book* - Todd Harr
5. *I Miss You: A First Look at Death* - Pat Thomas
6. *The Emotions Book: A Little Story about BIG Feelings* - Liz Fletcher
7. *Always Remember* - Cece Meng
8. *Badgers Parting Gifts* - Susan Yarley
9. *Chester Raccoon and the Acorn Full of Memories* - Audrey Penn
10. *Always and Forever* - Debi Gliori and Alan Durmant
11. *The Invisible String* - Patrice Karst
12. *The Memory Box: A Book about Grief* - Joanna Rowland
13. *Bear's Last Journey* - Udo Weigelt and Christina Kadmon
14. *The Worried Child: Recognizing Anxiety in Children and Helping Them Heal* - Paul Foxman Ph.D.

15. *God Gave Us Heaven* - Lisa Tawn Bergren

For Teens who have Experienced a Death:

1. *Death is Stupid* - Anastasia Rigginbotham
2. *When Death Walks In: For Teenagers Facing Grief* - Mark Scrivani
3. *Straight Talk about Death for Teenagers: How to Cope with Losing Someone that you Love* - Earl Grollman
4. *The Grieving Teen: A Guide for Teenagers and Their Friends* - Helen Fitzgerald
5. *Grief Recovery for Teens* - Coral Popowitz
6. *Navigating Grief: A Guided Journal: Prompts and Exercises for Reflection* - Mia Rolden
7. *One Minute Gratitude Journal for Teens* - Brenda Natan
8. *Puggy Brown Ears Purr Song* - Linda Fausey
9. *Beat the Turtle Drum* - C. Greene
10. *A Matter of Time* - R. Schotter
11. *Bereaved Children and Teens* - Earl Grollman

Sibling Loss:

1. *The Empty Room: Understanding Sibling Loss* - Elizabeth DeVita-Raeburn
2. *Sibling Grief: After the Death of a Sister or Brother* - P. Gill White
3. *Dear Sibling, I want to Say...: Grief Journal Healing After the Loss of a Brother or Sister* - Bando Press

General Grief Books:

1. *Grief Day by Day: Simple Practices and Daily Guidance for Living with Loss* - Jan Warner
2. *Grief is A Journey: Finding Your Path Through Loss* - Dr. Kenneth Doka
3. *Dream New Dreams: Reimagining my Life After Loss* - Jai Pausch
4. *Grief One Day at a Time: 365 Meditations to Help You Heal After Loss* - Alan Wolfelt Ph.D.
5. *Transforming Grief and Loss Workbook* - Ligia Houben
6. *How to Go on Living When Someone You Love Dies* - Teresa Rando
7. *I Wasn't Ready to Say Goodbye* - Brooke Noel
8. *Living with Grief: Who We Are, How We Grieve* - Kenneth Doka and Joyce Davidson
9. *Chicken Soup for the Grieving Soul* - Jack Canfield and Mark Hanson
10. *Healing After Loss: Daily Meditations for Working Through Grief* - Marthat Hickman
11. *Courage to Grieve* - Judy Tatelbaum
12. *Life After Loss: A Practical Guide to Renewing Your Life After Experiencing a Major Loss* - Bob Deits
13. *Awakening from Grief: Finding the Way Back to Joy* - John Welshons and Wayne Dyer
14. *Living When a Loved One has Died* - Earl Grollman
15. *A Time to Grieve: Meditations for Healing After the Death of a Loved One* - Carla Fine

Books for Grandparents who have had a Grandchild Die:

1. *Forgotten Tears: A Grandmother's Journey through Grief* - Nina Bennett
2. *Healing a Grandparents Grieving Heart: 100 Practical Ideas After Your Grandchild Dies* - Alan Wolfelt Ph.D.
3. *A Grandparent Sorrow* - RN

Books for families with a Child who has a Diagnosis of Cancer:

1. *What Happens When Someone I Love Has Cancer?* -Sara Olsher
2. *Cancer Party!: Explain Cancer, Chemo and Radiation to Kids in a Totally Not Scary Way* - Sara Olsher
3. *Nowhere Hair: Explains Your Cancer and Chemo to Kids* - Sue Glader
4. *Butterfly Kisses and Wishes on Wings - When Someone You Love has Cancer: A Hopeful, Helpful Book for Kids* - Ellen McVicker
5. *How Do You Care for a Very Sick Bear?* - Vanessa Boyer
6. *When a Kid like Me Fights Cancer* - Catherine Stier
7. *The Puddle Jumper's Guide to Kicking Cancer* - Elizabeth Billups
8. *Amazing Annabelle: A Story for Kids Fighting Cancer* - Dyan Fox
9. *Chemo to the Rescue: A Children's Book about Leukemia* - Mary Brent
10. *Good Night, Hospital Room* - Marilyn Luce Robertson

Resources and Organizations:

1. The Compassionate Friends: National Organization for Parents who have had a child Die.
 - a. We have a local Chapter in Chattanooga that meets the 2nd Sunday of the Month from 3-5.
 - b. www.thecompassionatefriends.org
2. NAGC.: National Alliance for Grieving Children.
 - a. Great information about children and death.
 - b. www.childrengrieve.org
3. Dougy Center. A Center in Portland OR that provides grief services for all.
 - a. They have a number of books and workbooks for kids/teens on grief.
 - b. www.dougy.org
4. Alan Wolfelt Ph.D. has written a number of books for kids, teens and parents on grief and loss. He has a grief center in Colorado.
 - a. www.centerforloss.com
5. Cope Foundation.
 - a. www.copefoundation.org
6. Bereaved Parents of the USA.
 - a. www.bereavedparentsusa.org
7. MISS Foundation.
 - a. www.missfoundation.org
8. Bereaved Parenting.

- a. www.bereavedparenting.org
9. AARP Foundation: Grief and Loss Programs
 - a. www.aarp.org/families/grief_loss.org

Resources for Family Caregiving:

1. www.helpguide.org
2. www.caregiverstress.com